Banbury Sub-Aqua Club BSAC No.74

Dive Log Sheet.

Date:..		Location:..		DIVE MARSHALL:..	
Nearest Doctor: ……		Nearest Recompression Chamber:……			
Nearest First-Aid:……		Nearest Coastguard:……		Working Channel:…….	

WEATHER				**COMMENTS:**
Conditions:……		Air Temperature:……		
Wind: F……..		Surface Visibility:km……		
SEA				
Current:…..……		Underwater Visibility…..		
High Water:…..……		Low Water:……		
Swell:…..……		Water Temperature:……		
Slack Water:…..……				

Name	B	CYL.	BARS		TIME		DIVE	TOT	MAX	DIVE	Surf	DECO	
		SIZE	IN	OUT	IN	OUT	TIME	TIME	DEPTH	Code	Code	6	9

Force BEAUFORT WIND SCALE

0 = CALM; SEA MIRROR SMOOTH
1 = LIGHT AIR; SMALL WAVELETS LIKE SCALES
2 = LIGHT BREEZE; WAVES SHORT & MORE PRONOUNCED
3 = GENTLE BREEZE; CRESTS BEGIN TO BREAK, SOME WITH HORSES
4 = MOD. BREEZE; WAVES PRONOUNCED, WHITE HORSES
5 = FRESH BREEZE; WAVES PRONOUNCED, WHITE HORSES EVERYWHERE
6 = STRONG BREEZE; LARGER WAVES FORM, WHITE FOAM, CRESTS MORE EXTENSIVE
7 = STRONG WIND/ SEA HEAPS UP, WIND BLOWS FOAM IN STREAKS
8 = FRESH GALE; HEIGHT OF WAVES/CRESTS INCREASES, MUCH FOAM IN STREAKS
9 = STRONG GALE; LARGE INCREASE IN HEIGHT OF WAVES/CRESTS DENSE STREAKS
10 = WHOLE GALE; HIGH WAVES WITH LONG OVERHANGING CRESTS, FOAM PATCHES
11 = STORM; WAVES SO HIGH THE SHIP HIDDEN IN TROUGHS
12 = HURRICANE; SEA COVERED WITH STREAKY FOAM, AIR FILLED WITH SPRAY

DISTRESS CALL ** VHF CHANNEL 16**

MAYDAY X3 THIS IS R.I.B. ---------- 1 X3-MAYDAY THIS IS R.I.B. ----------
MY POSITION IS.. E.G. X MILES WEST OF EDISTONE LIGHT (BEARING AN DISTANCE FROM)
NATURE OF DISTRESS E.G. ON FIRE - SKINNING - ETC.
ASSISTANCE REQUIRED - WHAT IS NEEDED
INFORMATION PERSONS ON BOARD - INJURIES - USING FLARES, ETC. **OVER**

NIB FOR LESS THAN GRAVE AND IMMINENT DANGER TO SHIP OR PERSON USE PAN PAN
OR PAN PAN MEDICO

RESUSCITATION 06 (MORE EFFECTIVE THAN PRECISE)

IN WATER TOWING RESCUE BREATHS. 10 BREATHS, THEN 2 / 15 SECONDS - STATIC 10 BREATHS, THEN 2 / 15 SECONDS
OUT OF WATER COMBINED RESCUE BREATHS. & C.C. (CPR) SOLO 2 RESCUE BREATHS. / 15 CC - DUAL RESCUERS SWC